

## Who is the Course For?

This Course offers you everything you need to know to lead fresh and exciting rhythm work with children, and will inspire everyone involved in music making with young people.

It is appropriate for participants with all levels of musical experience.

You will find the sessions will be strongly practical, informative, playful and uplifting.

## Structure

PART 1 will explore rhythm in connection with children's development for AGES 6 - 11.  
PART 2 will focus on developing all the rhythm skills you need to work with ADOLESCENTS.

## Course Leaders

**Michael Deason-Barrow** - Director of Tonalis - has taught in Universities, Comprehensive and Steiner Schools and given the plenary lecture at the renowned 'Oxford Conference in Education'. Today he delivers courses worldwide connected to his new vision of Music Education and training sessions for the government's flagship singing organisation, 'Sing Up'.

**James Cheseldine** is a master teacher of world percussion, an expert on West African and North Indian music and enjoys teaching these musics in accessible and enjoyable ways to people of all ages and abilities. On this course he will lead Indian, African and Drum Circle sessions.

## Testimonial

Tonalis is a rare and wonderful organisation. Under Michael's remarkable leadership and guidance, participants receive a treasure trove of ideas and skills-training. I heartily recommend these courses to anyone who feels passionately about the musicianship training of young people.

*Susan Digby - Founder and Principal of The Voices Foundation*

**Fees:** Early Bird fee  
**Part 1:** £115 (until Sept. 10<sup>th</sup>)      £125 (thereafter)  
**Part 2:** £ 82 (until Oct. 15<sup>th</sup>)      £ 90 (thereafter)  
**Both Parts:** £185 (until Sept. 15<sup>th</sup>)      £200 (thereafter)

£10 off the above fees for Group Bookings of 2+, Full-time Students & People on Income Support  
**Work Scholarship available** (33% discount) **Meals:** In local Cafés. Tea & Coffee provided.  
**Times:** 10am - 6pm Saturday (& Sunday) 10am - 5pm Monday (Nov. 10am - 5pm Sunday)

**TONALIS, 4 Castle Farm Close, Leighterton, Glos. GL8 8UY. Tel: 01666-890460**

**Application Form: 'Rhythm Sticks'** Part 1  Part 2  Both

Please complete & send to the above address with a £40 non-refundable Deposit payable to 'Tonalis'.

Name: \_\_\_\_\_ email: \_\_\_\_\_

Address: \_\_\_\_\_

Postcode: \_\_\_\_\_ Tel: \_\_\_\_\_

Please send me an Accommodation List of Local hosts (c.£22/night) and B&Bs

# Rhythm Sticks

## New Ways into Rhythm with Children



- ◆ Explore Rhythm in Connection with Child Development
- ◆ Play unforgettable World Rhythms and learn Great Rhythm Songs
- ◆ Discover how to lead Rhythm Circles to Create Community
- ◆ Learn Holistic Rhythm Teaching Skills

**Part 1**  
**OCTOBER**  
**22<sup>nd</sup> - 24<sup>th</sup>**  
(for teaching  
ages 6 - 12)

*Tonalis*  
(N.B. Each part can be taken separately.)  
**Course Leader: Michael Deason-Barrow**  
Guest Teacher: James Cheseldine

**Part 2**  
**NOVEMBER**  
**19<sup>th</sup> - 20<sup>th</sup>**  
(for teaching  
ages 13 - 18)

**VENUE - Tonalis Music Centre, Stroud, GLOS.**  
**Enquiries: Tel: 01666-890460 / info@tonalismusic.co.uk**

## Rhythm Sticks

**Rhythm is fundamental to all music and to all forms of learning.**

Rhythm is everywhere in the life of a child, from hopping and jumping to skipping. So it's wonderful when children learn how their own physical energy can be ordered and combined with others in rhythmic chanting, singing, movement and instrumental playing.

THIS 2 PART COURSE offers you the opportunity to explore everything you always wanted to know about rhythm and how to teach it.

- IT WILL
- be a real rhythm work-out for you and enhance your rhythm and aural skills
  - offer introductions to all the key rhythm elements that underlie music.
    - explore rhythm in relation to child development and offer a progression of rhythm elements to introduce with each new year of a child's life
      - help you learn how to create rhythm circles that build community and co-operation in the classroom, and
  - give a generous dash of spice to your work with the classroom orchestra that typically includes Orff and Choroï style instruments.

### Integrate Rhythm into All Learning

In addition to exploring worlds of rhythm in the realm of the music lesson, the course will also explore rhythm's intrinsic relationship with other subjects and capacities, e.g.

- the relationship between music and maths
- the linguistic use of rhymes, speech rounds and play ground chants to create rhythms
- the way rhythm helps to develop children's memories and concentration.

### Developing Co-ordination

There'll be loads of joyful rhythm games to help develop children's co-ordination between their left and right arms/legs, and the left and right hemispheres of their brain.

### Teaching Rhythm through Movement

In many cultures music and dance are so inseparable that they share the same word. Thus African musicians say 'counting is for people who don't dance'. So come and explore

- an amazing Samoan canoeing chant which demonstrates how work rhythms linked to chanting helps inculcate a strong sense of rhythm into the whole human being.
- traditional English Morris Dancing with sticks to help develop a wonderful sense of right and left balance and the co-ordination of beats/durations with others.

## Holistic Rhythm Teaching Skills from Body Orchestration to Movement Words

Michael is an expert in rhythm learning systems. He will introduce you to:

- his innovative '*Movement Words*' system where each rhythm mnemonic is associated with specific rhythms, and directly conveys the link between duration and movement.
- How to Create Body Percussion/Orchestration* using the whole body to learn rhythms via the feet, laps, different forms of clapping and finger clicks, etc.

### Dr.Foster's Rhythm Games and some great Rhythm Songs

There'll be an abundance of games to teach rhythm with intriguing titles such as,

- *Plug* • *Copy Cat* • *Hum Drum* • *Rain Forest* • *Peter Piper*
- *Secret Messages* • *Chinese Whisper Rhythms* • *Clocks and Clouds*
- *Visiting the Pie Shop* & • *The inimitable improvisations of 'Dr.Foster'*.

Plus we'll sing loads of great songs to help children learn different types of rhythm, from the '*Hare and the Tortoise*', and the '*Sun Drum*', to rhythmic *African Songs* & many more.

### Explore the Mysteries of Time in Music

In the midst of all the playing, singing and improvising we will also investigate What We Mean by Rhythm and the Nature of Time through exploring:

- Other kinds of rhythm not based on any pulse - from nature's rhythms to breath/phrasing time, namely the 'figural' rhythms that characterise early childhood
- How different metres evoke different kinds of time - from circular to linear time
- How some musics live in the lightness of the upbeat and others dwell in the weight of the downbeat
  - Why some metres were called 'perfect' and others 'imperfect'?

## PART 2: Rhythm in the Adolescent Years

Part 2 will cover all the rhythm essentials for teaching and getting inside the very embodied / energetic grooves found in world and contemporary musics.

### Play Unforgettable World and Contemporary Rhythms

- vibrant rhythms from Ghana & Zimbabwe (e.g. the marimba music of the Shona people)
    - Brazilian Samba
    - South American rhythms from Peru and Equador
      - West Indian grooves and back-beats
    - dancing Eastern European rhythms (e.g. the mixed metres of Macedonia)
  - mysterious Middle Eastern rhythms • Indian Talas & • the Balinese Kechak chant
- + New forms of rhythm in Contemporary Music from Stravinsky to Messiaen.