

*"The intuitive mind is a sacred gift  
and the rational mind is a faithful servant.  
We have created a society that honours the servant  
and has forgotten the gift." (Einstein)*

## *Music from the Inside Out*



## *Bring Music to Life*

**Imagine:**

*the vitality of all musicing if all its singers & players  
were confident in their own creativity.*

*The Spirit of Improvisation  
offers you a totally new approach to musicing  
and will provide you with a living way to explore  
THE INNER LIFE of the ELEMENTS OF MUSIC.*

*Tonalis*

*Workshop Led by Michael Deason-Barrow*

*6<sup>th</sup> - 7<sup>th</sup> September 2014*

*VENUE - The Field Centre, Ruskin Mill, Nailsworth, GLOS  
Enquiries: TEL: 01666-890460 / info@tonalismusic.co.uk*

We were all born spontaneous musical improvisers.

We even speak of 'PLAYING' music and 'PLAYING' instruments.

But as adults we often forget this and get bogged down by inhibitions about creating music and fears of failure, so much so that we can lose sense of our creative potential.

Yet huge numbers of musicians today fervently wish they could improvise like skilled jazz musicians, rather than feel like musicians who've dropped their music on the floor.

*This workshop will change all this!*

It invites you to explore new pathways in music, instead of the more familiar fixed forms we're used to - i.e. compositions - that can be followed on the basis of past habits.

### 'Music from the Inside Out' will:

- i) transform the musical boundaries we sometimes hide behind
- ii) help you find a way of making music that's pulsating with energy and spirit
- iii) help you become Discoverers of Music & Get Your Creative Voices Going!

## Let's Get Inside the Music using Improvisation

Michael will explore with you exciting ways of getting into improvisation so you'll have the chance to experience not only a stunning array of harmonies and rhythms, but contemporary and multicultural forms of musicing.

This workshop will help you discover how improvisation offers you a unique way to develop your musicianship. Improvisation is the best way I know to learn how music is constructed and to experience how the inner workings of the elements of music function. It is the missing link between music making, music theory and aural development.

*So come and learn how to improvise on all 'the elements of music' from:  
a wide range of: • scales & modes • intervals • harmonies  
• metres & rhythms to • different styles of music & much more . . . .*

N.B. This workshop will provide practical and creative resources for musicians of all levels.

**Discounted Fees: £75** (for booking by Aug. 1st) **£80** (by Aug. 20<sup>th</sup>) **£85** (thereafter)

**Concessions: £68** for OAPs, Couples, Full time students & Groups of 3+ (by Aug. 1st).

**A Registration Letter incl. travel directions will be sent on receipt of your application.**

**TONALIS, 4 Castle Farm Close, Leighterton, GLOS, GL8 8UY**



### APPLICATION FORM - Music from the Inside Out

*Please complete & send to the above address with your cheque payable to - 'Tonalis'.*

**Name:** \_\_\_\_\_ **email:** \_\_\_\_\_

**Address:** \_\_\_\_\_

**Postcode:** \_\_\_\_\_ **Tel:** \_\_\_\_\_