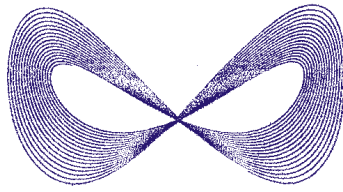
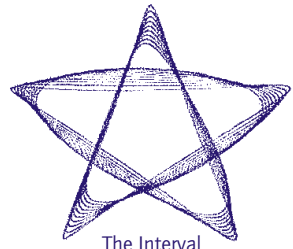


Structure: 1 Weekend per Month
Duration: 16 days over 7 Months

FOUNDATION COURSE

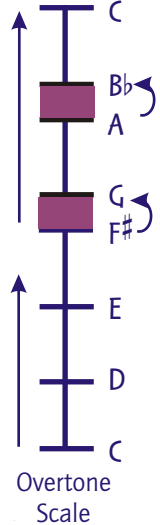
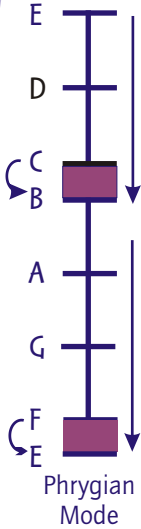


The Interval of the Octave



The Interval of the Fifth

From 'Harmonograph' by A. Ashton
© Wooden Books



The Inner Life of Music

Journey into
the Hidden Mysteries of Music
and Discover
the Heart of Musical Meaning

Course Leader: Michael Deason-Barrow

Starting August 2011

VENUE - Tonalis Music Centre, Stroud, GLOS

Enquiries: Tel. 01666-890460 / info@tonalismusic.co.uk

www.tonalismusic.co.uk

Tonalis

Get Inside the Inner Life of Music

Have you ever wanted to develop a Deeper Understanding of
HOW MUSIC WORKS?

e.g.

- Why different Intervals between just 2 notes lead to such unique experiences?
 - Why African Rhythms, Bulgarian Harmonies, or Indian Scales sound so different to their Western counterparts?

Have you ever listened to, played, or sung an incredible piece of music and wondered why it makes you want to dance, or why it evokes in you feelings of wonder, sorrow, love, or sacredness?

If so, then come and discover the answers in this ear and mind opening exploration of how music works its magical mysteries.

On this fascinating journey you will hear all about the fundamentals of intervals, scales, harmonies, metres, rhythms, and instruments, etc

But Michael Deason-Barrow believes that something truly important is being hidden away from people in the way that music is being taught.

Thus we offer you the chance to go beyond the basics, and invite you to: participate in a larger musical reality than music theory books speak about e.g. explore wider uses of the elements of music in Contemporary & World Musics.

THIS EXCITING JOURNEY INTO 'THE INNER LIFE OF MUSIC'
will reveal startling new insights into MUSIC'S HIDDEN SIDES
and illuminate the Order, Mysteries and Laws
which Govern Musical Creation.

Key Benefits

This highly practical and imaginative course is for people who want to:

- Wake up to a new world of music and listen in to its secret powers
- Enter into the innermost realms of music's archetypal foundations
 - Heighten their listening experiences in all forms of music
 - Deepen their understanding of how music works
 - Perform or make music on profounder levels.

(N.B. All Tonalis' thought provoking work is based on cutting edge research into:

- *The Psychology of Musical Perception* • *How Musical Memory Works* & • *Acoustics*.)

**If this is the way you always wanted to learn music
then THIS COURSE IS FOR YOU!**

The old maps of music theory are no longer reliable.

Traditional Music Theory doesn't explain what happens in World Musics, Contemporary and Early Musics, or Oral Traditions, etc. Moreover, it tends to focus on learning about the elements of music in a way that, for many people, is often separated from musical experience and human expressivity. This can lead them away from music!

In this connection Victor Wootton says,

"Most teachers only teach you how to use one-tenth of the elements of music. It should then be called 'Note Theory' because it doesn't teach you the inner life of music."

In addition, 'traditional music theory' often seems disconnected from deeper questions of musical meaning and the relation of the elements of music to human consciousness.

So it's time to create a new map of music!!

Tonalis 'Inner Life of Music' Classes will therefore open doors for you into a richer experience of the Elements of Music - (e.g. scales, intervals, and rhythms, etc.) - through exploring them experientially using exciting new strategies, including:

- Improvisation
- Composition
- Movement
- Singing
- Instrumental Playing
- and
- Holistic Whole Brain Listening.

In addition, we Teach the Elements of Music

i) Cross-culturally, so that World Musics are used alongside Western Music (e.g. syncopation is taught with the help of both S.American and Spanish Renaissance music)

ii) using new paradigms from contemporary composers (e.g. from Stravinsky and Ligeti to Messiaen's new approaches to the language of music).

Key Themes for Practical Exploration

Meet the Intervals: The Inner Life of Melody and Harmony

This course will help you discover and make friends with the unique qualities and moods of all the different scale degrees and intervals, e.g.

- How each tone of a scale has its own personality, just like each colour has its own mood
- How each interval - i.e. the relationship/conversation between two notes - has something completely unique to say - like a character in a play (e.g. the inner darkness of the minor 3rd or the expectation of the major 7th)
- How different intervals can be linked to our physiology (e.g. the 5th with our lungs)
- How each interval is alive and more than mere note names (e.g. C-D), or descriptions (e.g. major 2nd). Thus George Pratt says,

"Know and experience what sounds are, not just what they are called".

Other intriguing questions on Melody we will investigate include themes such as:

- Why was one interval - the tritone - called 'the diabolus (devil) in musica'?
- What is the difference between an 'inner' and an 'outer' interval?
- Why does Music History equate major with 'hard' and minor with 'soft'?
- How does melody create a 'homing instinct'?
- What is harmonic rhythm?
- How can different intervals - and modes - create such amazingly different harmonies?

Modes, Moods and Melodies

Just as a painter creates a specific mood through using particular colours, so each mode/scale uses a combination of certain notes which leads to a particular mood being created.

A mode is more than a set of pitches, it expresses a different state of being.

**Thus modes in traditional musics are often associated with:
different emotions, deities, times of the day, festivals and seasons.**

(N.B. This deeper meaning has been lost in today's musical world.)

So come and explore:

- **A HUGE RANGE OF SCALES** (from Whole Tone, 12-Tone, Blues scales, Hungarian Gypsy minor, Klezmer and Indian Ragas, to different Pentatonics from Java to Japan)
- **WHAT ARE MODES?** (Lydian, Dorian, Aeolian, etc.) **WHAT EACH MODE EXPRESSES?**
How the Polarities of: light - dark; inner - outer; openness - closedness; stability - movement are created through the use of different modes and intervals.
- **WHY DID CLASSICAL MUSIC ABANDON THE MODES?**
And what makes Modal Tunes so different from Major/Minor Melodies?
- **HOW DIFFERENT MODES EMBODY THE MOODS OF EACH SEASON.**

The Universal Mantra: The Harmonic Series & Questions of Tuning

The course will investigate:

- **NATURE'S TUNING**, namely the archetype of the **HARMONIC SERIES**
- Why different cultures use different tuning systems & how they're derived from Harmonics
- Why did Western musicians create the '**TEMPERED TUNING**' system - where each interval is slightly out of tune with nature's laws embodied in the Harmonic Series?

The Mysteries of Time in Music

- Discover how composers evoke different kinds of time - from circular to linear time - and how freer, more eternal rhythms and breath time differ from pulse time.
- How can different tuning systems embody different experiences of time and space?
- Why do some musics live in the lightness of the upbeat and others in the weight of the downbeat? • Why some metres were called 'perfect' and others 'imperfect'?
- Why does Gospel Singing lead to dancing and Gregorian Chant to meditation?

To get inside all the above elements we will regularly IMPROVISE, SING and PLAY music based on different:

- INTERVALS (e.g. Bulgarian Songs in 2^{nds} and Jazz Improvisations in 4^{ths})
- RHYTHMS (e.g. Syncopation in Latin American music)
- HARMONIES created out of different intervals (e.g. Medieval Music in 5^{ths})
- TUNINGS (e.g. Javanese Music in pure 7^{ths} tuning).

The Inner Life of Tone

This course will also explore subtle aspects of 'the inner life of tone' and help you shed new light on deep truths connected to VIBRATION, COLOUR and RESONANCE. To do this we will call on the pioneering work of Chladni, Jenny and Lauterwasser as we see how vibrational structures mirror those of the natural world.

In addition, you will have the chance to get inside:

- i) the way the elemental voices of different instrumental materials speak, from different woods and metals (e.g. bronze and iron), to water, stone, reed, wind, skin and gut
- ii) the 'Expressive Elements' of music (e.g. timbre, texture, articulation and space, etc.).

Sound at Sight: Innovative Ways to Learn to Read Music

- *Would you like to be able to unlock the code of music notation quickly and creatively and overcome any barriers you have about music reading?*
- *If you read music already, would you like to be able to improve your skills and learn new methods so that you can teach music reading more effectively & imaginatively to others?*

We will introduce you to innovative methods and games

- designed by Tonalis - for helping you to LEARN/IMPROVE YOUR MUSIC READING, e.g.

- MELODY READING SYSTEMS e.g.

i) A new Tonalis version of SOL FA SYLLABLES (i.e. Do-Re-Mi, etc.)

ii) HAND SIGNS which provide a physical, visible and spatial connection to the sounds of scales

iii) SHAPE NOTES that show the tone tendencies/qualities of each note in the scale, and

- RHYTHM SYLLABLE SYSTEMS (e.g. 'Movement Words' and Metric Counting)

N.B. Students will be streamed into 2 groups to meet their different levels.

Holistic Listening - A New Approach

We invite you to come and explore how your aural skills can be deepened through working with our new holistic listening methods, including:

• Whole Brain Listening e.g. listening for specific features (left brain) and listening for qualities of sound (right brain)

- Listening in Movement where the whole body becomes an ear
 - Improvisation and Composition
 - Inner Listening.

The Structure of the Course

Duration This Part-time Foundation Course offers **16 days** contact time with Teachers spread over 7 months interspersed with periods of Distance Learning.

Structure of the Contact Time

The modules take place one weekend / month, except for the first 4 day module which will take place either in the Summer or Easter Holiday (depending on the course starting date).

1st Module: (4 days)	- Deep Archetypes in Music i) <i>The Harmonic Series - a Universal Mantra</i> ii) <i>Questions of Tuning</i> iii) <i>The Inner Life of Tone</i> iv) <i>The Expressive Elements of Music (e.g. Timbre and Texture)</i> v) <i>The Voices and Elemental Qualities of Instruments</i>
Weekend 2	- The Inner Life of Melody 1
Weekend 3	- " " " " " 2
Weekend 4	- The Inner Life of Rhythm 1
Weekend 5	- " " " " " 2
Weekend 6	- The Inner Life of Harmony 1
Weekend 7	- " " " " " 2

• Distance Learning • Methods • Resources • Preparation

Distance Learning. The aim of all the teaching provided during contact time is that it should act as a springboard to launch you into your own practice and creative research.

Distance Learning provides the periods of time needed to review, test, apply and consolidate the inspiration of the teaching within your own life, as well as the chance to:

- Practice
- Work on Practical Musicianship Skills
- Learn Music
- Reading and Research
- Keep a Learning Journal.

Distance Learning Study Hours: As a guide we advise a minimum of 7 hours/ week.

Resources and Study Materials. To assist distance learning, students are asked to study specific text books and listen to recommended pieces of music and musical genres.

Methods: Orchestrating Optimal Learning

Learning on our courses takes place via a multifaceted engagement with music which balances:

- Visual, Aural, Kinaesthetic & Creative Methods
- Right & Left Brain Learning
- Improvisation
- Composition
- Movement
- Singing &
- Instrumental Playing.

Preparation for Study. Once you have decided to apply for this Training we ask you to reflect on when, where and how you are going to study/practice.

A Certificate of Course Completion is given to students at the end of the course.

Who is the Course For?

This course is for all those people with real curiosity about the mysteries of music who want to go beyond mere music theory which often fails to reflect the living qualities of music.

We can promise that it will stretch the boundaries of your musical world and change the way you view music in the most profound ways.

Our approach is holistic, strongly practical and utterly professional. It is designed to provide you with deep levels of listening and confidence in your musicianship skills in a supportive environment. You will find all Tonalis' musicing is creative, uplifting and life enhancing.

It will benefit everyone, from

- *people who love playing / listening to music* but want to enter more deeply into its secrets
- *professional and amateur musicians* who want to deepen their performances
- *music teachers* who want to improve their teaching skills to
- *music therapists* who want to enter more fully into 'the inner life of music' so that they can call on this in their work.

Testimonials

'Tonalis is watering the roots of music, reviving the mystery and nurturing the sacred which lies behind all inspiring performance. IT IS VITAL WORK!'

JONATHAN HARVEY - LEADING COMPOSER AND AUTHOR OF 'IN QUEST OF SPIRIT'

'What Tonalis achieves cuts through the inhibitions and prejudices which so negatively affect music making and restores the magic and humanity of real musical experience.'

NICHOLAS BANNAN - FORMER DIRECTOR OF 'MUSIC TEACHING IN PRIVATE PRACTICE' READING UNIV.

Contributors

Michael Deason-Barrow (GRSM, ARCM) - Tonalis Director - has always had an intense need to understand the essence of music which has led him to look at the world of music from wider perspectives. He has built a reputation as a master music teacher and has taught at all levels, from universities and conservatoires to music therapy, community music and school contexts. He has studied with great masters like Peter Pears, gained invaluable insights from his research into fields such as 'world vocal techniques', and has a wide background as a performer. All this has enabled him to extend the boundaries of musical understanding. You will find he has the gift of making complex musical questions clear and utterly fascinating.

Marianne Asjiki - Tonalis Teacher - will help with the musicianship classes and lead the elementary/intermediate level sessions on Sight Singing and Aural Awareness.

Lorin Panny - Eurythmist - helps students experience how the whole body can become an instrument of listening and how movement can help in all aspects of musical development. She will also introduce you to the new acoustic instruments Tonalis uses, and work with new forms of Circle Games which you will find will deepen your awareness of the elements of music.

APPLICATION FORM - The Inner Life of Music

Please complete and send with a non-refundable £40 Deposit/Admin.Fee payable to 'Tonalis' at:-
4 Castle Farm Close, Leighterton, Glos. GL8 8UY, England.

Name: _____

Address: _____

Postcode: _____

Telephone: _____ email: _____

Do you require accommodation? Yes No

If yes: Room with local family Local B&B

*We will send you a list of local hosts or B&B/hotels for you to make your own arrangements.
Prices for local family hosts are approx. £20/person/night. (N.B. Own transport may be necessary for these.)*

Meals: Lunches and Suppers are available at local cafés.

- A QUESTIONNAIRE regarding your reasons for wanting to take this course and your musical background will be sent on receipt of *the Application Form and Deposit/Admin.Fee.*
- A REGISTRATION LETTER with travel Information and registration times, etc. will be sent when the requisite number of participants permit the course to start.



Fees

Tuition Fees:	£ 660	£695	£730
		(i.e. 2 x £348)	(i.e. 3 x £244)
If paying in:	1 instalment	2 instalments	3 instalments

Discounted Fees when booked before May 15th:

£20 deducted from the Fees for *Early Booking*

£45 deducted from the Fees for full-time students, people on income support and OAPs.

Work Scholarship Fee: £75 off the above fees

A LIMITED number of Work Scholarships are available to help with setting up and clearing away, etc.

Priority is given to students and people on Income Support. Please check availability.

Venue

Tonalis Music Centre is housed in the 'Centre for Science and Art' in Stroud (Glos.). Stroud is a lively old mill town situated in the midst of the beautiful Cotswold countryside. Eating out is easy in local cafés which our students find suit all tastes and budgets. Train connections to all parts of the country are excellent.