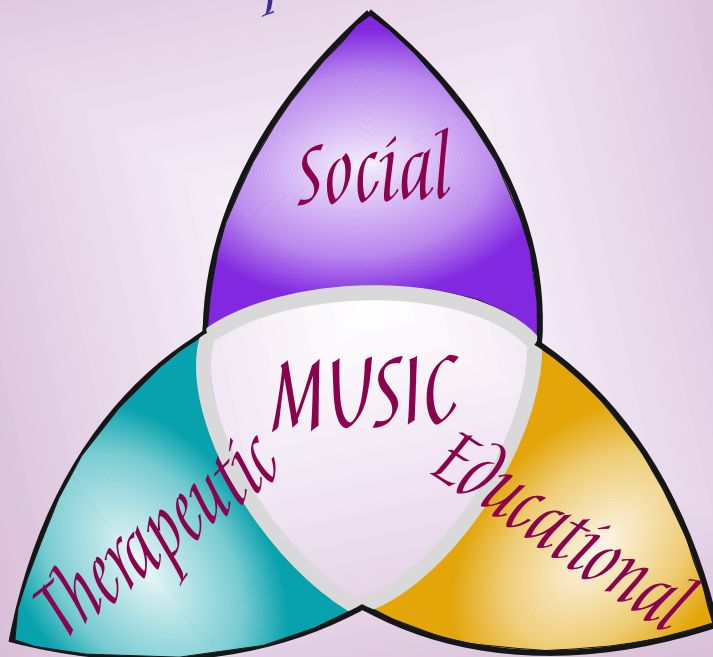


SOCIAL & THERAPEUTIC MUSIC EDUCATION

in Schools & Specials Needs Education



A New Tonalis Foundation Training
in collaboration with Ruskin Mill Trust

25 Days over 1 Year in 9 Modules

Course Leader: Michael Deason-Barrow

VENUE - The Field Centre, Nr Stroud, GLOS

Enquiries: Tel. 01666-890460 / info@tonalismusic.co.uk

www.tonalismusic.co.uk

New Social Therapeutic & Anthroposophical Impulses in Music Education

- This training will introduce you to all the **NEW ANTHROPOSOPHICAL IMPULSES IN MUSIC EDUCATION** developed by pioneering music teachers and therapists in the following fields:
Child's Musical Development - Riehm, Ronner, Ruland, Wunsch & Deason-Barrow
Music Therapy & Musical Principles in Physiology - Damen & Husemann
New Instruments for Children - Beilharz & Choroï **Singing** - Werbeck
Improvisation & Musical Play - Ahlbom & Brass

- It will also address one of the biggest gaps in the provision of **Continuing Professional Development**, namely the way that up until now **Music Teachers, Music Therapists and Community Musicians** have worked in shared territories, but used different maps, e.g.:

MUSIC/CLASS TEACHERS are increasingly being called upon to embrace therapeutic and remedial approaches in the classroom today.

MUSIC THERAPISTS are mainly trained to work with individuals and clinical awareness (but can lack training in child development, teaching pedagogies and group work).

COMMUNITY MUSICIANS, on the other hand, frequently work with special needs groups, but often lack the necessary child development, therapeutic and medical perspectives.

This training will therefore explore with you the **CROSS-OVERS** between • **Music Education** • **Music Therapy &** • **Community Music** and how they can enrich each other in ways that are sure to inspire you to renew the teaching of music in schools.

You'll find this training offers you nothing less than a **New Vision of Musicing in Schools and Therapeutic contexts** and will open doors into
A HUGE NEW TERRITORY OF MUSIC.

Key Themes the Training will Address

Children's Musical Development

Does musical development, for you, merely imply teaching simple to more complex forms of music, developing instrumental skills, following National Curriculum guidelines, and singing songs, or do you think music education should also be linked to children's:

- SOCIAL • PHYSICAL • EMOTIONAL • COGNITIVE & • SPIRITUAL DEVELOPMENT?

This training will explore

How to Tune Music Education to Harmoniously Meet the Phases of Children's Natural Musical Development

through studying insights from key researchers and music pedagogues, e.g.:

- Anthroposophical Music Educators • Rudolf Steiner
 - Swanwick and Tillman's 'Spiral of Children's Musical Development'
 - Music Education Pioneers (e.g. Kodaly, Orff, Dalcroze, Paynter & Murray Schafer)
- N.B. Via this study participants will be offered a new class-by-class curriculum.*

Key Themes will include:

- How is a child's orientation in time, space and music is different to that of adults'?
- Where/how can you find objective criteria for choosing: i) music and songs for different ages? ii) which musical idioms - and which instruments - to use and when?
- How can you link the elements of music lessons to the dynamics living in other subjects so that they support each other and work out of the same picture of child development?
- Where can you find well researched progressions for introducing melody, rhythm and harmony, etc. in ways that are linked to children's musical development?

Social Therapeutic Music Education

Music contributes to a child's sense of belonging to a group like nothing else and is a wonderful way of creating co-operation.

On this training you will find how music offers fantastic opportunities for: nurturing children's teamwork, empathy and communication, and developing experiences of trust, cohesion & being listened to, as well as the chance to practise social skills like negotiating, leading and listening.

*The training will offer a deep exploration of
the I → You relationship in music.*

In particular it will explore how music as an interactive medium can be used to help:

- i) transform the social isolation from the world some children feel, caused by physical handicap, learning difficulties, or emotional pain
- ii) a new experience of self to other relationships
- iii) children trust and enter the listening space/relational circle all around them so that a healthy movement is created between their inner and outer listening.

Thus 'Social Therapeutic Music Education' will be revealed as a wonderful means of helping children contact the healing nature of community.

New Instruments for Music Education

Each Child is like a Different Musical Instrument.

When a child plays an instrument it can help them:

- i) create a different relationship with the world around them
- and ii) bring their inner life out into the world.

At the heart of this work will be an exploration of
**the Stunning Newly Designed Social, Therapeutic and Educational
Acoustic Instruments Tonalis uses.**

All these instruments have been specifically designed to:

- enable therapeutic and • social music processes to come about
 - meet the phases of children's development
 - be technically accessible to non-specialists.

On each module these new forms of instruments will play a central role, from:

- *Gongs • Bordun Lyres • Children's Harps • Tone Harps*
- *Choroi Interval, Pentatonic and C Flutes • Bowed Instruments (e.g. psaltery)*
- *a huge Lap Xylophone and • the Chordun (a chordal string drum).*

Mixed Ability & Multi-sensory Music Teaching Methods

'When learning is holistic, and involves every part of the child's being -head,heart and limbs-self balance and self confidence is gained through music learning.'
(Jo Glover)

A central tenet of Tonalis' Social Therapeutic Music Education is that it is HEALTHY and BALANCED when children's

- i) **4-FOLD NATURE:** • Mind • Body • Soul and • Spirit
 - ii) **TEMPERAMENTS:** • Choleric • Melancholic • Sanguine & • Phlegmatic
 - and iii) **SENSORY MODES OF LEARNING:** • Visual • Aural & • Kinaesthetic
- are all addressed via music and interact with each other in a rich exchange.

You'll find our holistic and multi-sensory music teaching strategies will give you the flexibility and confidence to meet all these needs.

Every group of children is also a mixed ability group with unique learning styles. For each student to benefit they need to be offered different means of accessing music. This includes learning how to address the full spectrum of special needs, from cognitive, communicative, social and emotional challenges to sensory impairments.

So come and learn how to:

- i) adjust the skill level requirements
- ii) provide learning sequences that can be wound backwards or forwards (making it simpler/more challenging) to meet each child's needs
- iii) create individual adaptations that honour the learning needs of each individual.

Bring the Therapeutic Elements of Music into Music Education

The training will explore -

- each 'ELEMENT OF MUSIC' (e.g. different tunings, intervals, scales, metres, rhythms timbres, textures and harmonies) in connection with child development
- 'MUSICAL PRINCIPLES IN PHYSIOLOGY', i.e. how the archetypes of rhythm, melody, harmony and timbre have fundamental connections with the human organism.
- How music works with the balance/imbalance of our 'HUMAN ORGANISATION IN SPACE' from • our heights to our depths; from • within to without; from • left to right (i.e. the harmony of the hemispheres); and from • front (our future) to back (our past).

Further Key Themes

- Songs & Musical Games for Greeting the Circle & Creating Co-operation
- Creating music in the Space between I and You via Improvisation
- The Child as a 'Discoverer' of music vs an 'Inheritor' of musical givens
- Together in Harmony - A new progression for developing Part Singing
- Together in Rhythm using percussion, voices and movement
- How to use Music to help children develop their Listening Skills
- Rhythmos, Tonos and Harmonia in Music Education
- How can children's sense of Wonder and Awe be part of Music Lessons?

WHO IS THE FOUNDATION TRAINING FOR?

This training is for STUDENTS who want to study

- how 'music education' can be deepened and made more holistic and inclusive through incorporating social and therapeutic elements into it
 - how *music making in special needs* contexts can be enhanced by group therapeutic music processes and child development perspectives.

It can be used:

TO MEET THE VOCATIONAL & CPD NEEDS OF:

- ◆ *Music and Class Teachers in Schools*
- ◆ *Special Needs Teachers* ◆ *Educational Music Therapists* ◆ *Music Therapists*
and ◆ *Community Musicians involved in Educational Contexts.*

*N.B. All students need to have foundation level skills in:
MUSIC READING and MUSIC THEORY.*

Contributors

Michael Deason-Barrow - Course Leader and director of 'Tonalis' - has taught at all levels from: Universities and Conservatories to Nordoff-Robbins Music Therapy Training, and from Head of Music in both Comprehensive and Waldorf Schools to special needs education. He has led trainings for the government's flagship singing in schools organisations 'Sing Up' and 'Youth Music' and contributed to the inaugural Symposium on 'Community Music Therapy' at Birmingham Conservatoire of Music. Michael has also written a number of books on Music Education and is a visiting lecturer today on the Music Teacher Trainings at Leiden University and Witten-Annen Institute for Waldorf Pedagogy.

Lorin Panny - is a Eurythmist who has pioneered 'Listening Movement' processes and the playing of new therapeutic and music education inspired instruments into pathways of social and personal development. On this training she will teach these instruments and explore their use in musical games and improvisations inspired by Pär Ahlbom and Reinhold Brass.

Testimonials

As a music therapist I am impressed at the sensitive and original investigation Tonalis gives to music. Its perspective is important for anyone concerned with the therapeutic use of music.

Dr. Gary Ansdell - PhD Course Convenor at Nordoff-Robbins Music Therapy Centre

Tonalis' uniquely practical research offers a treasure chest of ideas and materials for teachers and vital insights to enable them to awaken their listening for the inner music of each child.

Kevin Avison - Author of "A Handbook for Waldorf Teachers"

Tonalis is a rare and wonderful organisation. Under Michael's remarkable leadership, participants receive a treasure trove of ideas and skills-training. I heartily recommend his courses to anyone who feels passionately about the musicianship training of young people.

Suzi Digby - Founder of the Voices Foundation

The Structure of the Training

Duration: 25 days in 9 Modules spread over 1 year on Weekends and School Holidays and Half Terms

2023	Module 1: April 14 - 16	- 3 days
	Module 2: May 30 - 31	- 2 days
	Module 3: July 25 - 29	- 5 days
	Module 4: September 9 - 10	- 2 days
	Module 5: November 3 - 5	- 3 days
	Module 6: November 25 - 26	- 2 days
2024	Module 7: March 2 - 3	- 2 days
	Module 8: April 4 - 7	- 4 days
	Module 9: May 4 - 5	- 2 days

The Structure of Each Module

Each module will include:

- 1) An introduction to an age related class-by-class music curriculum for ages 7 to 12.
N.B. The first module will cover the pre-school years and the last one will offer an overview of music with 13 and 14 year olds. Each succeeding module will focus on just one age.
- 2) Practical explorations of all the musical elements (melody, rhythm, harmony, texture, etc.) connected to child development and teaching methods pertaining to each age.
- 3) Social rhythmic games to begin each day and new forms of musical play and improvisation.
- 4) The Practise and Study of new classroom instruments and their therapeutic applications.
- 5) An exploration of the Therapeutic Properties of Sound and Music.
- 6) Guidelines for meeting different therapeutic needs in music across the full spectrum from: cognitive, communicative and social emotional challenges to sensory impairments.

Distance Learning and Resources

Distance Learning. The aim of all the teaching is that it acts as a springboard to launch you into your own practice and creative research. Distance Learning provides the periods of time needed to read study texts, practise instruments, as well as research, review, test, apply and consolidate the inspiration of the teaching within your work.

Distance Learning Study Hours: As a guide we advise a minimum of 6 hours/ week.

Study Materials: To assist Distance Learning, students are asked to study specific text books.

APPLICATION FORM Social Therapeutic Music Education

Please complete and send with a non-refundable £60 Deposit/ Admin.Fee payable to 'Tonalis Music Centre' at:-
4 Castle Farm Close, Leighterton, Glos. GL8 8UY, England.
or pay into the Tonalis account: Sort Code 08-92-50 , Account # 68684633

Name: _____

Address: _____

Postcode: _____

Telephone: _____ email: _____

Do you require accommodation? Yes No

If you do we will send you a list of local hosts, B&Bs and hotels for you to make your own arrangements. Prices for local family hosts are approx. £22 / person / night. (N.B. Your own transport may be necessary.)



- A QUESTIONNAIRE regarding your reasons for wanting to take this training and your musical background will be sent on receipt of your *Application*.
- A REGISTRATION LETTER with travel Information and registration times, etc. will be sent when the requisite number of participants permit the course to start.
- DATES The training will begin in the Easter holidays 2023.
(See the previous page for the full list of module dates.)

Fees

Tuition Fees:	£ 1230	£1260	£1285
		(i.e. 2 x £630)	(i.e. 3 x £428)
If paying in:	1 instalment	2 instalments	3 instalments

£20 deducted from the Fees for **Early Booking** by 15th February '23.

N.B. If the number of participants reaches 14 + the fee will reduce to £1,120.

Work Scholarship Fee: £90 off the above fees (N.B. Please check availability.)

A LIMITED number of Work Scholarships are available to help with setting up and clearing away, etc.

Venue

'The Field Centre' is a unique venue with its glorious organic architecture, central glass-domed teaching space, dining room and stunning views over the Cotswold countryside.

Here's the website for you to see for yourself . www.fieldcentre.org.uk