

Sing with Your Whole Voice



Open Up to a New World of Singing

BRING

- Voice Technique for 21st Century Singers
 - Improvisation
 - Movement
 - Alexander Technique
 - Therapeutic & Global Perspectives
- INTO VOICEWORK.

A New Modular Part-time Foundation Training
(21 Days: August to April in Weekend Modules)

Tonalis

Michael Deason-Barrow is one of the finest voice coaches in the world!
Mikal Nielsen - author of 'The Heart of Your Voice, You too can Sing!'

Led by Michael Deason-Barrow

VENUE - Emerson College, Forest Row, E.SUSSEX
Enquiries: Tel: 01666-890460 / info@tonalismusic.co.uk

WOULD YOU LIKE TO:

- learn how to free your voice and improve your singing?
 - gain a deeper understanding of the mysteries that lie at the heart of singing?

'SING WITH YOUR WHOLE VOICE'

offers you a NEW UPLIFTING AND HOLISTIC VISION OF SINGING designed to promote vocal freedom, musicality & creativity in a supportive environment.

You'll find it re-frames the path of singing training to provide you with a radical and professional alternative to conventional forms of voicework, and offers you the exciting opportunity to broaden your ideas about singing in ways that include:

- Body-Mind-Voice approaches
(influenced by Alexander Technique, Eurythmy, Dalcroze Eurhythmics and Laban)
- Therapeutic and • Metaphysical Perspectives
- Global/Cross-cultural Voice Styles and
- the Joy of Vocal and Choral Improvisation.

In addition, Sing with Your Whole Voice is informed by

- all the latest research into Voice Science.

It's time to recognise that the voice you have right now is not fixed, and that we normally use only a small part of our full vocal potential.

This training will help you awaken parts of your voice that are at present hidden (or inhibited), and will transform any unnecessary vocal habits you have so that you can reclaim your whole voice with its full range of vocal colours. In short, our goal is to help you find a voice that can express both your wholeness and the truth of the music you are singing.

We believe that theories of singing that mainly favour technical, musical and aesthetic approaches neglect the multi-dimensional nature of singing which recognises that our voice emerges out the mysterious intersection between our body, mind, soul and spirit.

Learning to sing with Tonalis is thus more than just a matter of working on your voice alone. Because of this, you will find the Tonalis approach to voicework is truly holistic and encompasses the singer in all aspects of his/her being.

This training therefore offers you the chance to
Open Your Voice to New Possibilities.

Above all, we can promise that with each module of the course you will hear wonderful changes taking place in your voice.

Key Themes

Sing Freedom

The course will explore with you ALL THE CORE ELEMENTS OF SINGING TECHNIQUE (to which Michael brings informed and enriching new viewpoints),
including how to:

- ◆ Develop the freedom of your BREATHING
- ◆ Expand the RANGE and DYNAMICS of your Voice
- ◆ Enliven your RESONANCE and the palette of your VOCAL COLOURS
- ◆ OPEN YOUR THROAT and FREE THE LARYNX, TONGUE, LIPS & JAW from any constrictions that interfere with your voice

In addition, we'll explore

- ◆ The unique being, sound and movement of each CONSONANT and VOWEL.

This thorough background in vocal technique will enable you to give the most expressive, creative and authentic performances.

To help your voicework there will also be Group Alexander Technique for Singers & INDIVIDUAL SINGING LESSONS.

Expand the Borders of Singing

Most people only use a small part of their full vocal potential. Today's vast array of amazingly different vocal styles - from world, early and contemporary musics to Bulgarian women, Billie Holiday and Emma Kirkby, etc., - clearly shows that the full possibilities of the voice are not revealed in any one singing style.

'Sing with Your Whole Voice' will therefore go into the voice in its broadest sense through a practical exploration of the voices of:

- i) WORLD/FOLK CULTURES, ii) WESTERN STYLES, iii) CONTEMPORARY MUSIC.

The Imaginative Voice - Bring Creativity into Voicework

A key feature of the Tonalis approach to voice training is centred on bringing creative imagination, spontaneity, flexibility and soulful expression into vocal development through the use of voice-based IMAGERY and the creativity of IMPROVISATION.

'Behind every Moving Voice is a Dancing Body.' (J.Wright)

Because our voice is connected to our whole body - not just our vocal organs - and because sounds are movements - this course offers you an inspiring guide to:

'New Voice Movement Techniques'

that create clear kinaesthetic links to help your voices.

Further Training Pathways

You are the Instrument: The Alexander Technique in Singing

At the heart of Tonalis' work lies the Alexander Technique, which, when used in connection with singing, we have found to be the best way to help singers release the physical tensions which often interfere with the natural co-ordinations of our voices.

Bring Metaphysical Dimensions into Singing

What is hardly present as a pathway in singing training today is one that offers a deeper, spiritual understanding of the voice. To go into this theme we will explore the more subtle and spiritual aspects of singing developed by V.Werbeck.

The Art of Interpretation - Develop your Musicianship

Every singer wants to make music that is full of musical expression - rather than merely singing the outer notes. To enable you to do this, we'll introduce you to new methods to: i) develop your interpretation and musicianship skills so that you can get inside the heart of musical meaning, ii) communicate the inner meaning of the lyrics.

Circle of Sound - Give Voice to Community

During each module we will also explore with you an uplifting approach to creating community through singing, from exploring new forms of choral music inspired by community values, to co-creating music 'in the space between I and You' via choral improvisation.





Tonalis Consort of Singers rehearsing.

WHO IS THE TRAINING FOR?

This training offers you the opportunity to experience a unique and uplifting approach to singing that moves beyond current orthodoxies in singing.

So we invite you to come and explore Tonalis' new ideas about singing so that those elements which live in you as hidden potential at present are enabled to come to expression in the future.

This training is essential for:

- Vocal and Musical Explorers
who want to Expand the Borders of their Voices
- Everyone who is Passionate about Singing,
but wants the opportunity to Go Deeper into it
- Participants wanting to Develop Confidence in their Singing
 - ◆ Re-starters Seeking a New Vision of Singing
 - ◆ Confident Singers / Voice Professionals
who want to take a fresh look at singing in general - and their own work in particular -
so that new skills and insights are gained to deepen and develop their work
as well as
 - ◆ Music Teachers Wanting to Improve Children's Singing
 - ◆ Choir Leaders and ◆ Voice Therapists.

THE STRUCTURE OF THE TRAINING

DURATION This Part-time Training offers **21 days** Contact Time with Teachers from August - April interspersed with periods of Distance Learning.

STRUCTURE OF THE CONTACT TIME

Late August	-	4 days	January (2 nd - 4 th)	-	3 days
Late September	-	2 days	February half-term	-	2 days
October half-term	-	3 days	Mid-March	-	2 days
December (1st weekend)	-	2 days	Easter holidays	-	3 days

N.B. The training can also begin at Easter.

All 3 day modules (Friday - Sunday) begin at 2pm and have an evening session on the Friday.
All 2 day modules are weekends and begin at 11 am on Saturday and end at 5pm on Sunday.

• DISTANCE LEARNING • METHODS • PREPARATION FOR STUDY

Distance Learning. The aim of all the teaching provided during contact time is that it should act as a springboard to launch you into your own practice and creative research. Recommendations are given at the end of each module for home practice and study.

Distance Learning provides the periods of time needed to review, test, apply and consolidate the inspiration of the teaching, as well as the chance to:

- Practice
- Learn Music
- Keep a Practice Log & a Learning Journal
- Work on Practical Musicianship Skills
- Study via Preparatory Reading.

Distance Learning Study Hours: As a guide we advise a minimum of 5-6 hours/ week.

Resources and Study Materials. To assist distance learning, students are asked to study Michael Deason-Barrow's books on: 'Sing with the Whole Voice - the Elements of Voicework', 'Sing Freedom - a Handbook of Voice Exercises' and 'The Art of Practice'.

In addition, you are asked to study: 'Uncovering the Voice' by V.Werbeck-Svärdström and 'The Alexander Technique for Musicians' by J.Kleinman & P.Buckoke.

Orchestrating Optimal Learning: New Methods

Learning on Tonalis Courses takes place via a multifaceted engagement with music which balances: • Visual, Aural, Kinaesthetic & Creative Methods • Right & Left Brain Learning.

Preparation for Study. Once you have decided to apply for this Training we ask you to reflect on when, where and how you are going to study and practice.

Admissions *Students are advised they need to have Foundation Levels in the following:*

- Music Reading &
 - Aural Awareness, as well as
 - the ability to Pitch Match accurately.
- (Please contact the Tonalis office for further clarification about this if you wish to.)*

N.B. A CERTIFICATE OF COURSE COMPLETION
will be presented to students at the end of the course.

APPLICATION FORM - Sing with Your Whole Voice

Please complete and send with a non-refundable £40 Deposit/Admin.Fee payable to 'Tonalis' at:-
4 Castle Farm Close, Leighterton, Glos. GL8 8UY, England.

Name: _____

Address: _____

Postcode: _____

Telephone: _____ email: _____

Do you require accommodation?
(£30/night at Emerson College)

Yes

No

On a separate A4 page please could you please respond to the following questions:

- i) Your aims in taking the training?
- ii) Your musical background (e.g. at school, tertiary education, and any private music tuition)?
- iii) Do you play any musical instrument(s) and to what level?
- iv) Do you read music and to what level?
- v) Please list any work experience in music (e.g. teaching or performing)
- vi) Please list any music qualifications/exams
- vii) What musical genres do you mainly perform, study or listen to?
- ix) Do you have any health problems, physical disabilities or learning difficulties (e.g. dyslexia)?



Meals: Breakfast, Lunch and Supper are available at Emerson College.
(For details and costs, see the Registration Letter.)

A Registration Letter - including Travel Information and Registration Times etc.
- will be sent on receipt of the Application Form and Deposit/Admin.Fee.

FEES

Tuition Fees:	£930	£965	£995
		(i.e. 2 x £483)	(i.e. 3 x £332)
If paying in:	1 instalment	2 instalments	3 instalments

Discounted Fees = £25 deducted from the Fees for Early Booking by May 1st.
= £50 deducted from the Fees for full time students by May 1st.

Work Scholarship Fee: £75 off the above fees

A LIMITED number of Work Scholarships are available to help with setting up and clearing away, etc.
Priority is given to students and people on Income Support. Please check availability.

TESTIMONIALS

The course gave me the background and courage to be out there and to start teaching singing. Without your inspirational methods I would not have done this.

Michael Deason-Barrow is one of the finest voice coaches in the world!

Mikal Nielsen - author of 'The Heart of Your Voice, You too can Sing!'

Michael Deason-Barrow offers a new paradigm to voice work. His course was an unparalleled vibrant, holistic weaving of the physical, the didactical, the cultural, the artistic and the spiritual 'vocal' threads; led by an artist, performer and teacher of the highest musical and vocal prowess and integrity. This approach meets the challenges of all level of vocal ability, equally essential for the amateur, student or professional alike.

Martyn Hill - Former Professor of Singing, Trinity College of Music, London

THE TEACHERS

Michael Deason-Barrow (GRSM, ARCM) - Director of Tonalis - is a master Singing Teacher and an inspirational Choir Trainer, who runs courses all over the world connected to singing. He studied with great singing masters like Peter Pears and has a wide background as a performer. He regularly gives voice masterclasses in conservatoires and works with high level chamber choirs, as well as with community and children's choirs. He has directed a choir of 250 singers in a concert of sacred choral music from all over the world in Gloucester Cathedral as part of the 'The Three Choirs' festival - the world's oldest and most celebrated choir festival. Michael is recognised as a leading expert on how to sing in different vocal styles. His new holistic vision of singing was recently featured in the Singer Magazine.

Lorin Panny teaches music through movement and eurythmy to help students experience how movement can help in all aspects of musical/vocal development. She also teaches new forms of circle games which deepen awareness of the elements of music.

Marianne Asjiki is a Tonalis trained singing teacher who will teach individual/paired singing lessons on this course and help with practical musicianship classes and vocal warm-ups.

Judith Kleinman who teaches Alexander Technique at the Royal College of Music will teach the technique on this course. She has recently written a superb new book on 'The Alexander Technique for Musicians' based on her 20 plus years of working with musicians.

VENUE- EMERSON COLLEGE

Emerson College is an inspiring, holistic centre for adult education. Located on the edge of Ashdown Forest in East Sussex, it is set in beautiful gardens surrounded by biodynamic farm land. Student accommodation in beautiful rooms and wholesome meals are both available on campus. To see more, visit www.emerson.org.uk.